



Help To Provide Mental Health



By Dr. R. Pletsch

Mental health issues are a concern of many of us. I have dealt with the problem of finding mental health personnel for many people who have needed assistance, both in the family and as an administrator. I have often heard the medical offices say they are not accepting new patients. This got even worse during COVID. During this period more people began to understand that they knew people who needed help. Because of this, finding necessary help became even harder.

I found an article by Lisa Harlon in Josephite Harvest with the story a little different than what you usually see. It is about Rawley Andrews, Jr., executive director of The American Psychiatric Association Foundation. He has spent much of his career working on expanding access to mental health care.

Mr. Andrews has been leading the way in trying to keep the caregivers healthy and get more to join the field. He believes we, as a nation, will need even more caregivers as our life expectancy is increasing and the baby boomers are of the age that they will need more caregivers than we have.

Caregivers can be part time, full time or even live with the patient 24/7. Who do they serve? Sick patients that the family needs assistance after a hospital stay, or those that are simply not capable of living alone or afford assisted living.

Many have disabilities. Many of them have dementia or Alzheimer's disease.

The job can involve people who suffer depression. The caregivers often must understand that they are giving service to someone who may never get better than the first day they meet. This can be hard to grasp and cause much concern. Mr. Andrews has developed courses for both caregivers and the families they serve. These classes stress that keeping the caregiver healthy helps the family member they are helping. If you must hire caregivers, you must remember that they have personal lives and might need time to attend to private matters.

Many agencies are available to provide this care and many of them have substitutes available and should be utilized. Research in Psychology and Aging informs us that grandparents are often used as caregivers. It is usually good for them because when they are given tests they score higher in memory and vocabulary than others of similar age that do not have that responsibility. But there is the worry that grandparents might feel obligated.

Mr. Andrews' article lists stats that are very enlightening. More than 43% of individuals with a diagnosed mental illness do not receive professional care. This is attributed to the cost of the service, lack of personnel, or insurance limitations. Among the mental health issues the most common are anxiety disorders and that over a lifetime they believe 31% of all adults will suffer this at some point.

We should realize that anyone may have these problems, including the caregiver. Please be aware of the situation and try to make sure for the health of your family that the caregiver is also healthy. There are several organizations in our area that can help you get some help, like counseling. Please use them.

Bank of America Chicago Marathon

City of Chicago officials and Bank of America Chicago Marathon organizers are reminding the public about the 2026 Bank of America Chicago Marathon on Sunday, Oct. 11th. More than 55,000 runners from all 50 states and more than 130 countries are expected to travel through 29 neighborhoods for the 26.2-mile race, requiring street closures and parking restrictions throughout the course. The Chicago Marathon weekend, includes the Abbott Chicago 5K on Saturday, Oct. 10th.

The Marathon's reputation as a world class event has helped to raise more than \$405 million dollars for various charitable causes since 2002 and generated \$756 million dollars in economic impact in 2024.

The Abbott Health and Fitness Expo is home to the event's packet pickup at McCormick Place in the North Building on Level 3 in Hall B1 from 10 a.m. to 6 p.m. on Thursday and 9 a.m. to 6 p.m. on Friday and Saturday, Oct. 9th & 10th.

The Abbott Chicago 5K will take place at 7:30 a.m. on Saturday, Oct. 10th. The 3.1-mile race will kick off in Grant Park on Ida B. Wells

Drive between Columbus Drive and Michigan Avenue, running west on Harrison Street before weaving through the loop on Wacker Drive and ending at Wacker Drive and Adams Street. Michigan Avenue north of Ida B. Wells will remain open.

For more information, visit Chicago5K.com.

The race starts and finishes in Grant Park. The professional races start with the wheelchair field at 7:20 a.m. followed by the open field at 7:30 a.m. The first wave in the mass participation race will begin the race at 7:35 a.m. The second wave will begin at 8 a.m. The final group will begin at 8:35 a.m. The location for Runner Reunite will be staged in Butler Field with alphabetical signs throughout the 27th Mile Post-Race Party to facilitate meeting locations by name.

With thousands of participants and spectators along the route, as well as street closures prior and during the race, those traveling throughout downtown and the various neighborhoods should allow extra time, expect delays, or consider alternate routes—such as the expressway system—to avoid the impacts of the race.

Holiday Art Show Merchandise Mart



Artist Anne Nordhaus-Bike with her watercolor painting "Perfect Peaches", which will be on display at the One Of A Kind Holiday Show at the Merchandise Mart Dec. 3rd-6th.

The One Of A Kind Holiday Show at the Merchandise Mart, one of the most prestigious, exclusive, and largest art shows in the Chicagoland area, has selected artist Anne Nordhaus-Bike from the Clearing community to have her watercolors on display in Booth 1018.

The public is invited. This premier holiday shopping and art event will bring together 600 exceptional artists, makers, designers and visitors at the Merchandise Mart, 222 Merchandise Mart Plaza, 7th Floor. 10 a.m. to 7 p.m. Thursday, Dec. 3rd through Saturday, Dec. 5th and 10 a.m. to 5 p.m. Sunday, Dec. 6th. Tickets go on sale Thursday, Oct. 15th, and a portion of the proceeds supports Lurie Children's Hospital of

Chicago. Tickets are good for the entire run of the show.

Award-winning artist Nordhaus-Bike paints joyful watercolors inspired by nature and also makes mixed media art. Her work has been published in periodicals and books; covered in print and online publications and featured in broadcast media on television, feature films, and podcasts.

She is a member of the Woman Made Gallery in Chicago and the Elmhurst Artists' Guild Art Gallery.

For more information, log on to <https://anne.nordhausbike.com/> or call (773) 229-0024.

Property Tax Appeal Event

A Property Evaluation Appeal Event will be held a BPNC Service Center, 4000 S. Archer ave. on Thursday, Oct. 8th from 4 to 6:30 p.m. Residents should bring their Property Index Number and ID.

The final date to file an appeal with the Cook County Assessor's Office is Oct. 29th. Walk-ins are welcome, but appointments are encouraged at (773) 376-2700.

Second Chance Summit Planned

Mariyana T. Spyropoulos Clerk of the Circuit Court of Cook County has scheduled a Second Chance Summit Expungement and Sealing Fair on Saturday, Oct. 10th from 8:30 a.m. to 4 p.m. at Kennedy King College, 740 W. 63rd st.

Holiday Movie Stars Brookfield Zoo Chgo.



Photo credit © Brookfield Zoo Chicago

Brookfield Zoo Chicago was the primary filming location for the upcoming holiday film "Christmas at the Zoo," premiering on Tubi on Nov. 10th.

Filmed on location during a Chicago winter in December 2025, the holiday love story captures the sights, sounds and seasonal atmosphere that make Brookfield Zoo Chicago one of the region's most beloved holiday destinations.

The fictional film follows an entrepreneur Alicia (Brittany Underwood) helping the Zoo secure funding for a new Humboldt penguin habitat. But she's faced with a challenge: can she keep a strong business deal while she's falling for compassionate animal care specialist Shane (Matt Cohen)?

"What makes this film special is that Brookfield Zoo Chicago isn't simply a backdrop; it's part of the story," said Julianne Olivo, director of public relations at Brookfield Zoo Chicago. "While the characters and storyline are fictional, the values woven throughout the film are very real: exceptional animal care, conservation, collaboration and a deep commitment to wildlife."

Much of the film was shot throughout the zoo, incorporating about 150 animals representing at least 35 species and more than 25 spaces recognizable

for guests.

While some animals appear in scenes alongside cast members, others can be spotted as part of the Zoo's everyday landscape. At the heart of the story and conservation efforts are Humboldt penguins, a vulnerable species native to the coasts of Peru and Chile. In the wild, their populations are declining while threatened by El Niño events, avian influenza, environmental contamination and changing fishing practices.

The film also serves as a preview of Holiday Magic, which returns bigger this holiday season with more than 3.5 million lights and illuminated displays across the Zoo's 235-acre campus.

Stars are Brittany Underwood (Great American Family's "Crossroad Springs"), two-time Daytime Emmy Award-winner Matt Cohen (ABC's "General Hospital"), Hallmark's "Holiday Date") and comedy legend Nora Dunn (NBC's "Saturday Night Live").

"Christmas at the Zoo" can be streamed for free on any device via Tubi beginning November 10th and will also be available for rent or purchase on Apple TV and Prime Video. The trailer and more information about the movie and Humboldt penguins are available at brookfield-zoo.org/help-penguins.

New Events At History Museum



Photo provided by the Chicago History Museum

The Chicago History Museum, 1601 N. Clark st. has scheduled interesting events.

Visit our exhibition *Injustice: The Trial for the Murder of Emmett Till*, to see courtroom sketches drawn by Franklin McMahon that capture the 1955 trial in a Mississippi courtroom where photography was not permitted.

McMahon was born in 1921 in Chicago and worked as a cartoonist and illustrator after serving in World War II. His ink-wash drawings of the trial for Emmett Till's murderers were published in the October 3, 1955, issue of *Life* magazine.

His career as an artist-reporter, covered notable events including the Chicago Seven Trial, the Second Vatican Council, and Senate Watergate hearings. His drawing technique allowed him to interact with his subjects and captured different angles, moods and drama.

Walking Tour of Humboldt Park on Saturday, Oct. 10th from 10 to 11:30 a.m. Join professional guide and local resident Eduardo Archo on a walk through Humboldt Park, the center of Puerto Rican culture. \$25.

Walking Tour and

Sheffield Stroll on Sunday, Oct. 18th from 12 to 2 p.m. Join volunteer guide Dave Gudewicz to explore the history of the Sheffield/DePaul neighborhood, which was once home to immigrants, then wealthy Victorian-era families, and is now home to a university and its students. \$25.

Aquí en Chicago closing program on Sunday, Nov. 8th from 12 to 4 p.m. A day full of fun activities, tours, talks, music and more. Included with general admission.

Public hours are Tuesday through Saturday, 9:30 a.m. to 4:30 p.m. and Sunday, 12 to 5 p.m. For more information, visit chicagohistory.org.

Redevelopment For 3510 S. Western

12th Ward Alderwoman Julia Ramirez will conduct a community meeting concerning the property of 3510 S. Western at TuCasa Guanajuato, 3661 S. Archer ave. on Thursday, Oct. 15th at 6 p.m.

The current owners want to redevelop the property as an adult and child daycare facility and apartments. The developer will discuss plans for the site.

Leighton Award For Justice Burke



ANNE M. BURKE

The Illinois Supreme Court Historic Preservation Commission will honor Anne M. Burke, former Chief Justice of the Illinois Supreme Court, for her outstanding career and contributions as a jurist. The presentation of the award will take place during a special session of the Illinois Supreme Court at 2 p.m. on Oct. 9th, in the Illinois Supreme Court Courtroom, 160 N. LaSalle st. A reception hosted by the Illinois State Bar Association will follow the presentation ceremony.

She will receive The Honorable George N. Leighton Justice Award, which is given to a person whose career represents the highest standards of the legal profession and is dedicated to public service. In 2009, the inaugural award was given to its namesake, Judge George N. Leighton of the Northern District of Illinois.

Burke served as a justice on the Supreme Court of Illinois from 2006 to 2022, including a three-year term as Chief Justice from 2019 to 2022. She oversaw the Illinois Judicial Branch's management of the COVID pandemic, launched a listening tour hosted by the Illinois State Bar Association to learn about issues on a local level, created a task force for the Illinois Courts to be prepared for the implementation of the SAFE-T Act to eliminate cash bail and oversaw the first judicial redistricting in 60 years.

During her time on the Illinois Supreme Court, Justice Burke participated in more than 1,100 cases and authored 164 opinions of the court, 64 dissenting opinions and 30 special concurrences. In *Hayashi v. Illinois Department of Financial and Professional Regulation*, Justice Burke authored the opinion affirming the constitutionality of the professional regulation law that health care licenses can be revoked without a hearing for those convicted of criminal battery against a patient.

Justice Burke was the lone dissenter in the 2013

case, *People v. Martinez* regarding double jeopardy. In a 6-1 decision, the Illinois Supreme Court ordered a new trial for Esteban Martinez with Burke dissenting, arguing that since "the jury was impaneled and sworn, and jeopardy attached, the State may not re-prosecute a defendant for the same offenses." Martinez appealed the case to the United States Supreme Court, which, in a per curiam decision, agreed with Burke's dissent.

Born and raised on Chicago's South Side, Justice Burke started her career teaching physical education at the Chicago Park District. There she took part in a new program that offered children and young adults with mental and physical differences the opportunity to learn the skills to participate in sports. She championed the idea of a city-wide competition that ultimately led to the creation of the Chicago Special Olympics in 1968, which grew to become the International Special Olympics, reaching tens of millions of people from 192 nations across the globe.

She married attorney Edward M. Burke in 1968, and they are the parents of five children and grandparents of nine. She graduated from DePaul University in 1976. Four years later, she enrolled in the Chicago-Kent College of Law. Graduating in 1983 at the age of 40, she obtained her law license and opened a law practice focusing on cases of child neglect, abuse, delinquency, and custody.

DPD Announces Award Winners

The Department of Planning and Development and World Business Chicago honored 10 companies with Manufacturing Excellence awards for their exemplary roles within the city's industrial ecosystem.

Nominated by Local Industrial Retention Initiative partners, the winners were celebrated at the mHub technology lab on the Near West Side as part of Manufacturing Month in the United States.

The winners demonstrated excellence in various performance measures - longevity, resilience, innovation, community investment and workforce development.

Companies honored include: Advance Equipment Manufacturing Co., Austin; Arcorp Structures, Ashburn; Filbert's Old Time Root Beer, McKinley Park; Galloy & Van Etten, West Pullman

Hennig Gasket & Seals, Lower West Side; Phoenix Bean, Edgewater Roscoe; East Garfield Park; Sipi Metals Corp., West Town; Stanley Spring & Stamping Corp., Forest Glen and Steepers Only, East Garfield Park.

For video profiles of each company's operations, innovations and commitments to Chicago, visit www.chicago.gov.

Rosary Rally And Life Chain

The "America Needs Fatima" Rosary Rally and "Sanctity of Life Chain" will be held on the southeast corner of Archer and Keeler on Sunday, Oct. 11th at 12 noon. Churchgoers are invited to participate after Sunday services.

For more information, call (872) 200-4777.

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To complement our weekly edition The Brighton Park-McKinley Park Life has launched a website. On it can be found general information about us, recent and past issues, advertising information. Send neighborhood interest stories, student accomplishments, civic organization events to brightonparklife@aol.com. Opinions expressed by guest editorials may not represent the viewpoints held by the publisher of the Brighton Park - McKinley Park Life Newspaper.

McKinley Library Schedules Programs

The McKinley Park Branch Library, 1915 W. 35th st. has scheduled interesting and informative programs. Hours are: Monday and Wednesday, 12 to 8 p.m.; Tuesday and Thursday, 10 a.m. to 6 p.m.; Friday and Saturday, 9 am. to 5 p.m. Sunday, 1 to 5 p.m.

KIDS & FAMILIES

Little Learners Story Time for ages 0 to 5on Friday, Oct. 9th at 10:30 a.m. for 30 minutes of songs, movements, and stories. Play time follows. Teacher in the Library, Monday to Thursday from 4 to 6 p.m. Schedule is subject to change.

Baby Lapsit Storytime (ages 0-1.5) on Thursday, Oct. 15th from 10:30 to 11:30 a.m. Presented with Allie VanderSchrage. Join Ms. Rachel for songs, rhymes, and stories aimed at adult-infant interaction. A staff therapist from Little Seed Wellness will explain parent mental health.

Family Fun Series (ages 3 - 13) "Mask Painting" on Tuesday, Oct. 13th from 3:30 to 5 p.m. Parent or adult guardian must be present for this family DIY program.

TWEEN/TEEN

Need service hours? Ask the front desk for a volunteer application, ages 12-17.

LEGO Club on Thursdays, Oct. 15th, Nov. 5th & 19th and Dec. 10th from 3:30 to 5 p.m. Complete our design challenges or let your imagination run wild. LEGO bricks and materials are provided. For ages 6 to 13.

STEAM DAY on Thursdays, Oct. 8th & Nov. 12th from 4:15 to 5:30 p.m. A fun, story powered introduction to science, technology, engineering, art and math for

young learners presented by FIRST STAR FORCE. Each session starts with an engaging picture book read aloud, followed by an activity inspired by the story. For ages 6 to 10.

Tween Paper Arts: "Origami" on Monday, Oct. 12th and "Shadow Prints" (ages 10-13) on Wednesday, Oct. 14th from 3:30 to 4:30 p.m. Oct 12th: Expert Ty Yamamoto will guide participants through three basic origami patterns that will get them started on paper folding. Oct 14th: Ms. Rachel will introduce participants to cyanotype printing. Using sunlight and special paper, you'll create striking prints inspired by your own designs. Snacks will be offered and supplies are provided.

ADULTS

ESL Conversation Cafe with Aquinas Literacy Center, ages 18+ on Saturdays Oct. 10th and Nov. 7th to Dec. 19th from 9:30 a.m. to 12:30 p.m. Practice English in a friendly space and improve speaking and listening skills. Ask librarians to register. Tutoring is also available.

What is AI, Anyway? in Spanish on Saturday, Oct. 10th from 1 to 2:30 p.m. Discover what AI really is, how it is already part of everyday life, and why it generates so much interest. Registration will be closed on Oct. 9th at 1 p.m.

One Book One Chicago Book Discussion: "The Orbital" by Samantha Harvey on Wednesday, Oct. 14th at 5:30 p.m. Copies of the book are available at the front desk. No registration is required.

Visit chipublib.org to register.

Mexican Museum Offers Programs



Photo provided by The National Museum of Mexican Art

The National Museum of Mexican Art, 1852 W. 19th st. has scheduled a wide range of programs for families that provides opportunity to explore the galleries while learning about Mexican art and culture, with summer programs for children ages 7 and up.

Join us for Late Wednesdays: Festival After Hours on Oct. 14th from 5 to 8 p.m. and enjoy extended access to the galleries and gift shop.

The exhibition *Where Memory Lives: 40 Years of Día de Muertos*, traces the evolution of Day of the Dead and the Museum itself.

Vivir la Tierra: Acquisitions from the Permanent Collection 2010-2026, in the Rubin & Paula Torres Gallery through Feb. 7th.

Nuestras Historias: Stories of Mexican Identity from the Permanent Collection, ongoing.

The annual Festival del Arte Popular will run Oct. 13th to 18th from 10 a.m. to 4 p.m., with extended hours until 8 p.m. on Wednesday, Oct. 15th. Each artist brings unique techniques and folk art.

Join artist Socorro Carlos, Colectivo Fuentes Rojas, and members of Stitches of the Soul, NMMA's quilting and fiber arts group, for hands-on workshops on Saturdays, Oct. 17th and 31st from 11 a.m. to 3 p.m. Participants will create a 14" x 14" textile honoring missing persons while supporting the Fuentes Rojas Collective's work. Using heart-and-flower templates, participants will learn appliqué and embroidery techniques to create their own textile piece. Visit nationalmuseumofmexicanart.org to sign up.

Join us on Friday, Oct. 16th from 6 to 8 p.m. at the opening reception for ¡TINTA ARDIENTE! Igniting Community Through Collective Action, a new exhibition in the Xicágo Gallery. The exhibition brings selections from the Instituto

Gráfico de Chicago's print collection, objects, event documentation, and traces of print histories from Mexico and Chicago. Let us know if you plan to attend at nationalmuseumofmexicanart.org.

Día de los Muertos Xicagó is scheduled for Saturday, Oct. 24th when the Museum and its surroundings will be transformed to remember departed loved ones. Experience this tradition through ofrendas created by community members, live music and performances, art activities, and an illuminated ofrenda projected onto the Museum's exterior.

The Auxiliary Board invites you to the 12th annual Día de los Muertos Love Never Dies Ball. In honor of Day of the Dead. Guests will enjoy culinary treats from some of Chicago's best restaurants, cocktails, a silent auction, open galleries, dance to live music and a DJ. Get your tickets today visit nationalmuseumofmexicanart.org.

This month's classes and workshops feature engaging art-making activities for children, families, and adults.

Studio Saturday: Clay Muñecas on Oct. 17th from 10 to 11:30 a.m., ages 7-12.

Listos para el museo: Colorful Calaveras on Saturday, Oct. 17th from 12:30 to 1:30 p.m. Ages 6 and under.

Hearts and Flowers of Hope Workshop on Saturdays: Oct. 17th and 31st from 11 a.m. to 3 p.m. Ages 15+.

Viva la Vida: Embroidery on Thursday, Oct. 22nd from 10 a.m. to 12 noon or 1:30 to 3:30 p.m. Ages 55+.

Our free guided tours are back! Join us on Saturday, Oct. 10th at 9:30 am and explore *Where Memory Lives: 40 Years of Día de Muertos*, this year's Day of the Dead exhibition. A docent will guide visitors through the exhibition's themes and symbolism.

Archer Heights Library Schedules Programs

The Archer Heights Branch Library, 5055 S. Archer has scheduled a wide range of informative programs. Hours: Monday and Wednesday 12 to 8 p.m. Tuesday and Thursday 10 a.m. to 6 p.m. Friday and Saturday 9 a.m. to 5 p.m. Sunday 1 to 5 p.m.

ALL AGES

Technology Help is available Drop-in (first come, first served when adult librarian is on duty) or by appointment. Get help with your devices, computer questions, using online library resources (eBooks, databases, job resources).

Grab & Go - Due to our Community Room being used for early voting, we will be offering activities for our patrons to take home. Starting Monday, Oct. 12th, pick up your Grab & Go from the Adult Reference Desk. One per patron, while supplies last. Kids, ages 6 - 12, Pipe Cleaner Ninjas; Tweens, ages 10-14, Mystery Craft; Teens, grades 9-12, Dungeon Crawl Classics RPG, also Oct. 19th & 26th. Adult Mini Canvas Artwork Magnet, also Oct. 19th & 26th. Adult Spice Kit: Cinnamon

TWEENS & TEENS

Teen Volunteer Hours Thursday, Oct. 8th and Tuesday, Oct. 27th from 4 to 5 p.m. Earn 1 volunteer hour while helping at your library. Bring your timesheet. Grades 6 - 12 only.

CHILDREN

One Book, One Story time on Thursday, Oct. 8th from 11 a.m. to 12 noon. 3-2-1... Blast off with us on a space-themed story time adventure for young explorers.

Join the fun as we read, sing and talk about what it's like to sparkle like a star and live on our amazing planet.

Family Story time at Archer Park, 4901 S. Kilbourn on Thursdays, Oct. 15th, 22nd and 29th from 11 a.m. to 12 noon. Stories, songs and fun for children 0 to 5 and their caregivers.

ADULTS

Adult Book Discussion of "Orbital" by Samantha Harvey on Wednesday, Oct. 28th from 1 to 2 p.m. "The Night Watchman" by Louise Erdrich on Nov. 25th and "The Disaster Tourist" by Yun Ko-Eun on Dec. 16th. Copies are available at the Circulation Desk.

"South Side Memories" by author Gloria Golec on Saturday, Oct. 10th from 2 to 3 p.m. Celebrate Polish-American Heritage Month, with a presentation by local author, Gloria Golec. She will discuss her book, the writing and publishing process and her Archer Heights neighborhood. She will also lead a writing exercise that includes a discussion about memories. Register online.

Crime Book Club 2026. Discuss mystery, thriller and true crime books on the 2nd Wednesday of each month at 6:30 p.m. Nov. 11th, "Killers of the Flower Moon" by David Grann. Dec. 9th, "Harlem Shuffle" by Colson Whitehead. Books available at the circulation desk. No registration required.

CINEMA

Join us on Sundays from 2 to 4 p.m. Snacks available while supplies last. "Clue" Oct. 11th. Visit chipublib.org.

Payment Plan Tax Calculator

Cook County Treasurer Maria Pappas announced that her free online Payment Plan Calculator is live online and available to property owners seeking a way to manage delinquent property taxes through smaller, scheduled payments.

Cookcountytreasurer.com, is designed for property owners who couldn't pay their tax bills in full by the October 1 due date and are now late. For delinquent balances greater than \$100, taxpayers can create a personalized schedule to make payments once or twice a month.

Go to cookcountytreasurer.com and click on the purple property-tax box. Enter your 14-

digit Property Index Number or property address. Find your delinquent bill and click the red Payment Plan Calculator button.

Choose monthly or twice-monthly payments. Download or print your personalized payment schedule. Sign up for free email or text payment reminders. Make an immediate payment by selecting Pay Now.

Interest will continue to accrue on delinquent taxes at 9% annually, or 0.75% per month.

A short video tutorial is available walking taxpayers through the steps of using the Payment Plan Calculator in English, Spanish or Polish at www.cookcountytreasurer.com/paymentplaninformationalvideos.aspx

10th Year For D4D



Photo provided by Devices 4 the Disabled

Ten years ago, Devices 4 the Disabled was founded with a mission of making essential medical equipment accessible so people with disabilities can live with greater mobility, independence, freedom, and dignity.

Every donated piece of equipment, every volunteer, partnership, and act of generosity helps more people move, participate, and live more independently. For more information, contact Devices 4 the Disabled, 2701 W. 36th pl., (773) 870-1553, info@d4d.org, www.d4d.org.

Evening Hours For CARE Program

The Chicago Department of Public Health announced an expansion of the Crisis Assistance Response and Engagement program, increasing the hours of operation from 8 a.m. to 10 p.m., Monday through Friday. A second shift will respond to eligible 911 calls Oct. 12th.

Trained behavioral health professionals and EMT respond to eligible 911 calls involving mental health crises and socio-emotional distress. CARE is now fully staffed for citywide operations, with eight teams operating for non-emergency responses.

When dispatched, a behavioral health profes-

sional and EMT can provide crisis intervention, mental health assessments, basic medical support and connections to behavioral health and social services.

Residents experiencing or observing someone experiencing a mental health crisis can call 911 and request CARE. If the situation is deemed eligible, a CARE response team may be dispatched. Residents may also request a non-emergency clinician-only CARE response by emailing CAREprogram@CityofChicago.org, with teams responding to these requests within 24 to 72 hours.

Community Learning At Aquinas Literacy

Aquinas Literacy Center, 1751 W. 35th st. will conduct English Language Studio, an ongoing weekly program on Tuesdays from 12 noon to 1 p.m. A welcoming, interactive space for English learners to practice communication through conversation, games, storytelling, everyday situations and creative activities. No registration is required.

Aquinas will celebrate 30 years of Learning, Community & Connection on Thursday, Oct. 8th from 5 to 8 p.m. Enjoy an evening of food and conversation including a staged reading of *The Story We Share*, featuring the voices and experiences of Aquinas learners.

Conversation Cafe, an ongoing drop-in group on Thursdays 10 to 11 a.m. at Aquinas Literacy Center and Saturdays, 9:30 to 10:30 a.m. at McKinley Park Branch Library. Each session features en-

gaging topics and interactive activities designed to strengthen speaking and listening skills. No registration is required.

Digital Literacy Lab featuring drop-in technology support on Thursdays from 9 to 10 a.m. The Lab offers a welcoming space to learn at your own pace, with support in email, typing, Microsoft word, Excel, PowerPoint, and basic computer use.

Stories That Connect Us: Aquinas will offer a 6-week video storytelling course on Mondays, Oct. 19th & 26th and Nov. 2nd to 16th & 30th from 11 a.m. to 12:30 p.m.

Participants will learn how to develop, film, and edit their own short video stories while exploring experiences, ideas, and perspectives. No previous experience is necessary.

For more information, call (773) 927-0512 or email patrick@aquinasliteracycenter.org.

Back of the Yards Schedules Programs

The Back of the Yards Branch Library, 2111 W. 47th st. has scheduled the following events.

Adult Book Club on Thursday, Oct. 15th from 6 to 7 p.m.

A Stitch in Time Cro-

chet Club on Tuesdays, Oct. 20th & 27th; Nov. 3rd to Dec. 8th from 6 to 7 p.m. We have yarn and crochet hooks to share! Bring your own project or start one based on our ideas. Ages 18 and up.

Halloween Crafts with Artful Kreacons on Saturday, Oct. 10th & 17th from 11 a.m. to 1 p.m.

Emerging Adult Journaling to Stop Brain Rot on Friday, Oct. 16th from 3 to 4 p.m. Finding yourself scrolling and forgetting important dates? Keeping a journal planner to help organize your life. Attendees will get a journaling kit to get started, while supplies last. For emerging adults ages 16 to 24.

Teen Checkers Open Play on Friday, Oct. 9th from 3 to 4 p.m. Drop by for a casual game, all levels of expertise are welcome. For teens 13 to 18.

Create Space on Saturdays through Oct. 31st from 11 a.m. to 1 p.m. Learn how to use our 3D printers, vinyl cutter, and more. Use our various art supplies. Have a low pressure space to create. Visit chipublib.org to register.

Nature Play At Dan Ryan Woods

The Forest Preserves of Cook County will conduct Night of Nature Play at Dan Ryan Woods Pavilion, 87th & Western on Friday, Oct. 16th from 6 to 8 p.m.

Features include scavenger hunt, games and crafts.

Cybersecurity Awareness Month

Governor JB Pritzker has proclaimed October as Cybersecurity Awareness Month in Illinois, and the Illinois Department of Innovation & Technology is encouraging residents to take proactive steps to strengthen their online safety and protect personal information.

To further assist residents to implement cybersecurity measures, DoIT has compiled a list of practical tips and guidelines. These resources are designed to help individuals safeguard their personal information and reduce the risk of cyber threats.

Visit www.ready.gov/cybersecurity.

PET PAWTY: FREE VACCINES for cats & dogs

Saturday, October 10 10 a.m. to 1 p.m. or until supplies last

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FREE VACCINES & MICROCHIPS FOR CATS AND DOGS

Vaccines & Microchip Pets must be at least 12 weeks old for a rabies vaccine, and at least 6 weeks old for FVRCP (cats), DA2PP (dogs), or a microchip.

Eligible ZIP Code: 60632

First come, first served while supplies last

NO ID REQUIRED!

Dogs must be leashed and cats must be in a carrier. Limited quantities of leashes and carriers are available to those that don't have one.

Early arrival is recommended, as appointments are walk-in only. Wait times may vary—bring a chair and refreshments to stay comfortable.

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Both Churches: Air Conditioned and Wheel Chair Accessible

Masses at St. Barbara

Bridgeport — 2859 S. Throop

Saturday, 5 PM,
Rosary: Sunday, 5:30 AM
6 AM & 9:30 AM Sunday Masses
Weekday Schedule (Chapel)
Tue., Thurs., & Sat. 8 AM Mass

Masses at St. Therese

Chinatown — 218 W. Alexander

Sunday Masses
8AM in English
10:30am Cantonese
Weekday Schedule
Mon., Wed., & Fri. 8 AM Mass
October 11, 2026

St. Barbara: 312-842-7979 St. Therese: 312-842-6777 School 312-326-2837

Cantonese Mass, 10:30 AM, this Sunday, October 11 at St. Therese

Join Us in Pray in our Beautiful Churches

Heritage Museum of Asian Art



Photo provided by Heritage Museum of Asian Art

This October, the Heritage Museum of Asian Art, 3500 S. Morgan st. presents two new exhibitions: Cutting East to West and Becoming Words, alongside 17 public events celebrating papercutting, calligraphy, tea culture, embroidery, and other Asian artistic traditions. Join us for exhibition openings, artist talks, live demonstrations, hands-on workshops, and many free programs. We will participate in Open House Chicago on Oct. 17th and 18th, with free museum admission and special activities.

Free Admission and Guided Tour on Friday, Oct. 16th from 5 to 8 p.m. Join us for the opening reception of Cutting East to West, an exhibition celebrating the global diversity of papercut art. Meet participating artists and explore works by 48 artists.

Free Papercutting live demonstration with Lucy P. Liu on Saturday, Oct. 17th from 11:30 a.m. to 1:30 p.m. and Sunday, Oct. 18th from 3:30 to 4:30 p.m. Learn traditional Chinese papercutting works inspired by culture, family, faith, nature, or personal story.

The Cut Picture: free Contemporary Papercutting Demonstration on Saturday, Oct. 17th from 2 to 4 p.m. Discover how intricate single-sheet and layered papercuts are made, ask questions, and explore the techniques.

Botanical Cuts: free Contemporary Papercutting Demonstration on Saturday, Oct. 17th from 1 to 3 p.m. Join Chicago papercut artist Yang Pulongbarit Cuevo for a live demonstration of knife-cut papercutting.

A Night of Chinese Art and Tea Culture on Friday, Oct. 23rd from 6 to 9 p.m. Enjoy a display of Yixing purple-clay teapots, a talk on tea's

Ridge Library Plans Programs

The Garfield Ridge Branch Library, 6347 S. Archer, has scheduled interesting programs.

KIDS
Morning Stories for ages up to 4 are recited on the first Saturdays of each month at 10:30 a.m. Featuring a simple story, new song and familiar nursery rhyme. Playtime follows.

Homeschool Family Meet Up Fridays, Oct. 9th and Nov. 13th from 1 to 2 p.m. Games and activities are available for kids while caregivers can join in the fun or chat and share resources. For ages 6 to 13.

“Tot Play Time” Saturdays, Oct. 10th to 24th at 9:30 a.m. Ages 0-5 years. Babies and toddlers will have fun, educational toys to choose from while older kids can play with Duplo blocks, magnetic tiles, puzzles and pretend play toys. No registration is required.

Art in the Library Families Together on Saturdays through Oct. 24th from 10:30 a.m. to 3 p.m. Families can attend any session to create mixed media art with their children. This session focuses on artists Mary Cassatt, Margaret Burroughs, Romare Bearden, Suzuki Harunobu and Jacob Lawrence. Once you have your inspiration, kids will

draw a picture on watercolor paper and then fill in using markers, colored pencils, paint brushes and water, patterned paper and more. Supplies will be available. For ages 3 to 13.

ADULTS
Spanish Book Club on the first Thursdays of each month from 1 to 2 p.m.

Learn to Play Chinese Mahjong on Wednesdays during October from 12:30 to 2 p.m.

Adult Book Discussion of “Lone Women” by Victor LaValle on Thursday, Oct. 8th from 6 to 7 p.m. “Family Lore” on Nov. 12th and “Absolution” on Dec. 10th.

Saturday Game Day through Nov. 28th from 9:30 a.m. to 3:30 p.m. This is a drop-in program. Bring a game or play one of ours. UNO, Skip-bo, Mexican Train, Canasta, Chess, Checkers, Sorry and more. Players gather on adult side of building as space allows. No registration is needed. Make new friends.

Games People Play on Thursdays through Dec. 10th from 2 to 4 p.m. We play Scrabble, Dominoes, Sorry UNO, Yahtzee, cards, trivia, Canasta, Mexican Train and more. Register for events at chipublib.org/events.

Research House For Asian Art

The Research House for Asian Art, 3217 S Morgan st. will feature a joint calligraphy exhibition titled, “Becoming Words” Oct. 15th through Nov. 15th. The Japanese calligrapher Hekiun Oda, Iranian calligrapher and visual artist Bahman Panahi will perform during an opening reception on Friday, Oct. 16th from 5 to 8 p.m. Rooted in Shodo and Nastaliq, their practices transform writing into movement, sound and shared experience.

A free Artist-Led Tour is scheduled for Saturday, Oct. 17th from 1 to 3 p.m. Explore how their distinct practices transform writing into movement, sound, abstraction, and shared experience.

Experience Musical-ligraphy, the interplay of sound and form during a workshop by master calligrapher and visual artist Bahman Panahi on Sunday, Oct. 18th from 1 to 4 p.m. Participants will discover how writing can become music to the eye, and how musical structures can inspire the movement of the pen. \$80.

The Seldon Institute will offer a conversation between artists and calligraphers Bahman Panahi and Hekiun Oda on Saturday, Oct. 24th from 11 a.m. to 1 p.m.

U.S. - China Friendship Day

The Cook County Treasurer and members of the Chinese American community gathered for a U.S.–China Friendship Day celebration in Daley Plaza on Sept. 30th. It featured a flag raising and brought together members of the Chinese American community and friends of the United States and China.

After the flag raising, the public was invited to attend a reception in the Treasurer's office at 118 N. Clark st.

The celebration carried particular significance as the United States marked its 250th anniversary and the People's Republic of China marked its 77th on Oct. 1st.

The celebration focused on four themes: strengthening friendship, promoting exchange, fostering community integration, and working toward the future together.

Autumn Dance At St. Richard

Sts. Bruno & Richard's Parish will sponsor an Autumn Dance at 5030 S. Kostner on Saturday, Oct. 24th from 6 p.m. to midnight. The cost of \$50 per person includes dinner, live music, DJ and raffle prizes.

For more information or to purchase tickets call the parish office (773) 585-1221.

Chicago Artopia Schedules Shows

Chicago Artopia will present An Tran: Lumina at Hubbard High School on Sunday, Oct. 11th at 3 p.m. Reserve free tickets.

An evening with Brazilian-born pianist Ervino Rieger will be held at the Balzekas Museum of Lithuanian Culture, 6500 S. Pulaski on Sunday, Nov. 1st at 3 p.m. Reserve free tickets.

Chicago Artopia will present “Ballet 5:8 Beyond the Nutcracker” at Hubbard High School on Sunday, Dec. 13th from 3 to 4 p.m. Tickets go on sale Oct. 31st.

Visit <https://www.chicagoartopia.org/event>.

Fall Events At Lincoln Park Zoo



Lincoln Park Zoo, 2001 N. Clark st. invites families to see the animals and enjoy the beauty of the zoo, which is also an accredited arboretum and botanic garden.

For the most up-to-date schedule, visit go.lpzoo.org.

Jamaican Iguana Care 11 a.m., Mondays and Wednesdays at Regenstein Small Mammal-Reptile House.

Monkey Cognition 11:45 a.m., Mondays through Fridays at Regenstein Macaque Forest.

Ape Cognition and Care 1 p.m., daily at Regenstein Center for African Apes.

African Penguin Feeding 2 p.m., daily at Robert & Mayari Pritzker Penguin Cove.

Visit the Rhino Calf, Hazina and her mother Kapuki are now outside intermittently, and you might get a chance to see her if you come to the zoo and head to the southernmost rhino habitat at Regenstein African Journey.

Fall Fest on Fridays - Sundays to Nov. 1st from 10 a.m. to 5 p.m. Admission is free at this family-friendly celebration.

Every weekend brings something new, rides on the Ferris wheel and giant fun slide, s'mores roasting over a fire pit, fall-themed enrichment for the animals, live music and entertainers, fall garden tours, and seasonal decor.

LEAP: Learn, Explore and Play, various dates. Investigate and explore the natural world through play. Children guide the way as they choose

Photo provided by Lincoln Park Zoo

whether to dig in the dirt, create a collaborative work of art, or settle in with a story.

Haunted History Tours for age 16+ Tuesday and Wednesday nights in October. Take a spine-tingling walking tour that digs into the zoo's cemetery roots and infamous locations from its haunted history.

Sunset Garden Tour: Fall Color on Thursday, Oct. 8th. Explore the science behind fall color.

Sound Meditation with Jay Taylor on Saturday, Oct. 17th. Lie back, relax, and enter a soothing sonic landscape or singing bowls.

Spooky Zoo on Saturday, Oct. 17th. Hosted by the Auxiliary Board, Spooky Zoo offers free trick-or-treating.

Zoo Brews: Howls and Growls on Friday and Saturday, Oct. 23rd and 24th. This 21+ Halloween party comes with free samples of craft beers and ciders, plus a pumpkin-carving demonstration, a costume contest with prizes. The cost is \$60 per person.

Story Time and Book Giveaway with Reading is Fundamental on Saturday, Oct. 31st. Stop by Pepper Family Wildlife Center for story time and come home with a free book from Reading is Fundamental.

Through Oct. 31st, Malott Family Penguin Encounters, Age 6+.

Through Nov. 15th, Behind the Scenes Tour of Regenstein Small Mammal-Reptile House. Ages 13+.

Gage Park Library Schedules Programs

The Gage Park Branch Library, 2807 W. 55th st., has scheduled exciting programs for all ages. Hours are Monday and Wednesday 10 a.m. to 6 p.m., Tuesday and Thursday 12 p.m. to 8 p.m., Friday and Saturday 9 a.m. to 5 p.m. and Sunday 1 to 5 p.m. Call (312) 747-0032 or visit www.chipublib.org for more information and to register for the following programs.

Family Story Time on Mondays through Dec. 14th from 11 to 11:30 a.m. Join us for a story time full of books, songs and rhymes for ages 2 to 8.

LEGO Club on Tuesdays through Dec. 15th from 6:30 to 7:30 p.m. Ask a librarian for a build challenge and display your creations. LEGO bricks will be provided for use in the library. Ages 6 to 13.

Baby Story Time on Wednesdays through Dec. 16th, 11 to 11:30 a.m. A gentle story time of songs, rhymes and stories aimed at babies 0 to 18 months and an engaged grownup. Siblings always welcome!

After-School Reading Practice on Mondays to Dec. 21st from 4 to 5 p.m. All levels of experience are welcome! Each week, we will rotate between popcorn reading in groups, word games and one-on-one assistance. Afterward, we'll enjoy a simple craft or sensory play time. For ages 6 to 13.

Film Screening of “Monster House” (2006) on Thursday, Oct. 8th from 4 to 5:30 p.m. Three

teens discover that their neighbor's house is really a scary monster. Columbia Pictures - 1h 31 min - PG. Ages 0 to 13 years.

Teen Volunteer Club on Saturday, Oct. 10th from 11 a.m. to 3 p.m. If you need service/volunteer hours for school or are looking to help out your community. Materials will be provided, but make sure you bring your timesheets.

Collage Club on Wednesdays through Dec. 16th from 4 to 5 p.m. Make a collage to decorate your wall, be the author of your own collage zine, or customize objects like notebooks, pencil holders and bookmarks. Materials provided include scissors, glue, mod-podge, magazines, pre-cut magazine scraps, patterned tape, upcycled cardboard and tin cans. For ages 3 to 19

Brighton Park Library Schedules Programs

The Brighton Park Branch Library, 4314 S. Archer has scheduled engaging programs. Hours are Monday and Wednesday 10 a.m. to 6 p.m.; Tuesday and Thursday noon to 8 p.m.; Friday and Saturday 9 a.m. to 5 p.m.; Sunday 1 to 5 p.m.

The Southwest Collective community box is available for patrons to take or leave toiletries and non-perishable food items.

Crafting Corner for adults on Wednesdays, Oct. 21st and 28th; Nov. 4th to 18th; Dec. 2nd to 16th and Jan. 6th from 4 to 5 p.m.

Teen Hideaway on Tuesdays, Oct. 13th & 27th, Nov. 10th & 24th and Dec. 8th; plus Thursdays, Oct. 8th & 29th, Nov. 5th & 12th and Dec.

3rd from 5 to 7 p.m. Explore a mix of art, technology, crafts and games in this drop-in program.

Blood Pressure Screening on Tuesdays, Oct. 27th, Nov. 24th and Dec. 22nd from 3 to 6 p.m.

Family Story Time on Tuesdays through Nov. 24th from 6:30 to 7:30 p.m. Join us for picture books, stories, songs and a simple craft or play time. For families with children up to 5 years old.

Toddler Time and Play Time on Wednesdays through Nov. 25th from 11 a.m. to 12 noon. We sing songs, read stories and do fun activities to build early literacy skills. For ages 18 months to 3 years and their caregivers.

Visit chipublib.org to register.

Programs At Cultural Center

The Chicago Department of Cultural Affairs and Special Events announced a season of exhibitions, films, performances, workshops and cultural programs at the Chicago Cultural Center, 78 E. Washington this fall and winter. Admission to all exhibitions and DCASE programming is free and open to the public.

Consult DCASE on Wednesday, Oct. 14th; Thursday, Nov. 12th; Wednesday, Dec. 9th from 11:30 a.m. to 1 p.m.

Workshops and exchanges will offer access to city resources, professional industry feedback on creative projects and opportunities to engage with department programming.

Creative Hour on Wednesday, Oct. 14th; Thursday, Nov. 12th; Wednesday, Dec. 9th from 1 to 3:30 p.m. Curated by Alexie Young (Art West LLC) each session offers a welcoming, structured space for creatives of all personalities in the Learning Lab.

Woven Vessel Workshop in Chicago Rooms on Saturday, Oct. 17th from noon to 2 p.m. Artist ehere agwuncha will lead a hands-on workshop for all skill levels introducing traditional basket-weaving techniques. Supplies will be provided.

Industry Days: The Pitch in Claudia Cassidy Theater on Sunday, Oct. 18th at 10 a.m. Produced by Cinema/Chicago as part of the Chicago International Film Festival's Industry Days programming. Selected filmmakers will pitch their projects before a live audience and panel of industry judges, with the winning project receiving a package of consultation, production and post-production services.

I LOVE BOOSTERS Screening and Talkback in Claudia Cassidy Theater on Wednesday, Oct. 21st at 6:30 p.m. Fashion design, labor issues and political theory collide in

an explosion of color and music in Boots Riley's imaginative satire. The film takes a bold look at the creative work pipeline, exploring cycles of exploitation.

Under the Dome in Preston Bradley Hall on Thursday, Oct. 22nd from 5 to 9 p.m. The all-ages program will feature two Chicago musical artists alongside a clothing swap with Chicago Fair Trade and Conscious Closet Club.

Crocheting Oya Workshop in Chicago Rooms on Friday, Nov. 6th at 6:30 p.m. Artist Hale Ekinci leads participants in creating small, crocheted shapes inspired by traditional Turkish lace edging.

On Set Conversations: Kathy Byrne from SAG-AFTRA and Director George Ellzey in Claudia Cassidy Theater in Friday, Nov. 6th at 6:30 p.m. The discussion will offer insights into storytelling, collaboration, career experiences and the evolving opportunities and challenges shaping the industry.

City Civics Day in G.A.R. Hall and Rotunda, Claudia Cassidy Theater & Yates Hall on Saturday, Nov. 14th from 11 a.m. to 4 p.m. Neighbors, community organizations and City officials will gather for this free celebration of civic involvement and community connection.

SHOWING UP Screening and Talkback in Claudia Cassidy Theater on Wednesday, Nov. 18th at 6:30 p.m. A witty and observed look at the everyday realities of an artist's life through Michelle Williams.

Embroidering Symbols Workshop in Chicago Rooms on Saturday, Nov. 21st, noon – 2 p.m. Participants will learn simple embroidery stitches, surface design and embellishment techniques with artist Hale Ekinci.

For the programming and events, visit ChicagoCulturalCenter.org.



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